## 4001-1 Motions to Lift Stay

In addition to the rules applicable to all motions, Section 362(d) motions asking for relief from the automatic stay must contain the following:

(a) A short and plain statement of the facts asserted as grounds for relief and the specific relief requested.

(b) If the grounds are lack of equity of the debtor in a particular property \_

1. the amount of the debt, specifying the amount of principal, interest, any attorneys' fees or other costs claimed to be owed; and

2. the value of the property and the manner in which the valuation was reached.

A generalized statement that there is no equity in the property is insufficient.